



Republic of the Philippines  
**Department of Education**  
REGION II – CAGAYAN VALLEY  
SCHOOLS DIVISION OF TUGUEGARAO CITY

May 4, 2021

**DIVISION MEMORANDUM**

No. 092, s. 2020

**ATTENDANCE TO THE ONLINE MENTAL HEALTH AND PSYCHOSOCIAL  
SUPPORT SERVICE (MHPSS) ACTIVITY**

**To: Assistant Schools Division Superintendent  
Chief Curriculum Implementation Division  
Chief Governance and Operations Division  
Schools District Supervisor  
All School Heads and SDO Personnel**

1. In reference to DepEd Memorandum no 385, s 2021 entitled INVITATION TO ENJOIN PERSONNEL IN THE ONLINE MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICE (MHPSS) ACTIVITY and considering the importance of this endeavor, all SDO personnel, school Teaching and non-teaching personnel are required to attend this Online MHPSS.
2. The activity is a Disaster Risk Reduction Management response to provide Mental Health and Psychosocial Support to learners, personnel and parents. This includes the Wellness Check Series for DepEd Personnel which feature discussions on various topics related to positive coping mechanisms to combat stress and other challenges to a person's mental health brought upon by the COVID-19 pandemic.
3. This initiative is timely especially of seemingly disturbance and vexation in one's feelings and emotions brought about by the sudden increased of cases, death and threat of Covid-19 in our community.
4. Please see attached schedule of the said activity.

SGOP. 21-003

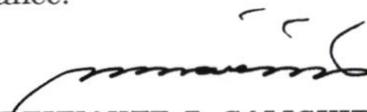


Address: Regional Government Center, Carig Sur, Tuguegarao City, 3500  
Telephone Nos.: (078) 844-7925; (078) 377-8805  
Email Address: [tuguegarao@deped.gov.ph](mailto:tuguegarao@deped.gov.ph)  
Website: [depedtuguegarao.net](http://depedtuguegarao.net)

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5. for your reference, information and compliance.

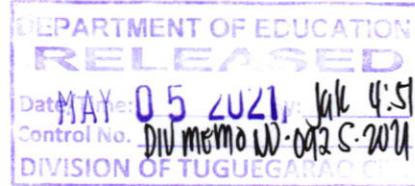
  
**REYNANTE Z. CALIGUIRAN**

Assistant Schools Division Superintendent  
OIC- Schools Division Superintendent ✕

Encl: MEMO 385 S., 2021

Reference: Regional Memorandum  
To be indicated in the Perpetual Index

Under the following subjects:  
SAFETY, PROGRAMS, EDUCATION, PROJECT, PLANS



SGOD/DRRM/GMD/JPC



Address: Regional Government Center, Carig Sur, Tuguegarao City, 3500  
Telephone Nos.: (078) 844-7925; (078) 377-8805  
Email Address: [tuguegarao@deped.gov.ph](mailto:tuguegarao@deped.gov.ph)  
Website: [depedtuguegarao.net](http://depedtuguegarao.net)

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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**DepEd Task Force COVID-19**  
**MEMORANDUM No. 385**  
03 May 2021

For: **Regional Directors**  
**Schools Division Superintendent**  
**All DepEd Personnel**

Subject: **INVITATION TO ENJOIN PERSONNEL IN THE ONLINE**  
**MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICE**  
**(MHPSS) ACTIVITY**

As part of its response to the COVID-19 pandemic last 2020, the Office of the Undersecretary for Administration (OUA), through the Disaster Risk Reduction and Management Service (DRRMS) in partnership with the Psychological Association of the Philippines (PAP), has conducted online learning activities to provide Mental Health and Psychosocial Support to learners, personnel and parents. This includes the Wellness Check Series for DepEd Personnel which feature discussions on various topics related to positive coping mechanisms to combat stress and other challenges to a person's mental health brought upon by the COVID-19 pandemic.

A year after, the country has experienced another unprecedented surge of cases, causing heightened fear and anxiety to many. The Department of Education (DepEd) personnel are not exempted from this. While the number of cases are rising, the Department's mandate towards learning continuity remains. In these challenging times when aside from the physical threat, the mental health of the people are also affected, the Disaster Risk Reduction and Management Service (DRRMS) will conduct an online Mental Health and Psychosocial Support Service (MHPSS) activities for DepEd personnel.

As the pandemic continues to challenge the populace, DRRMS will continue its MHPSS program for Personnel. The program is renamed **TAYO NAMAN! Tulong, Alaga, Yakap at Oras para sa mga Tagapagtaguyod ng Edukasyon** in partnership with Globe Telecom, MAGIS Creative Spaces, Philippine Mental Health Association (PMHA), and Unilab Foundation.

TAYO Naman! will include:



**Office of the Undersecretary for Administration (OUA)**

*[Administrative Service (AS), Information and Communications Technology Service (ICTS),  
Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support*

