



Republic of the Philippines

Department of Education

REGION II – CAGAYAN VALLEY

SCHOOLS DIVISION OF TUGUEGARAO CITY

SGOD-08-015

DIVISION MEMORANDUM

No. 125, s. 2020

MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR LEARNERS, PARENTS AND DEPED PERSONNEL

To: **Assistant Schools Division Superintendent**
Chief, Curriculum Implementation Division
Chief, Schools Governance Operations Division
Public Schools District Supervisors
Education Program Supervisors
All School Heads

1. In response to the mental health impacts of COVID-19 and as part of *the 2020 Oplan Balik Eskwela*, the Department of Education thru the Disaster Risk Reduction had organized various Mental Health and Psychosocial Support Services (MHPSS). For this purpose all learners, parents and DepEd Personnel are invited to participate in these online activities which shall start from August 11 to August 24, 2020.
2. This initiative is in line with the agency's response and rehabilitation measure with regard to the adverse effects of this health crisis.
3. For this purpose, all school heads are required to have its learners participate in this endeavor and disseminate the same to its personnel.
4. The conduct of MPHSS is through Streamed live via Facebook, via Zoom, Online and through recorded TV Broadcasting. (see attached schedule of this activity).
5. For your information, guidance, reference and compliance.


REYNANTE Z. CALIGUIRAN

Assistant Schools Division Superintendent
OIC- Schools Division Superintendent

Encl: Schedule of MHPSS Activities

Reference: IATF/Memo

To be indicated in the Perpetual Index

Under the following subjects: SAFETY, HEALTH, PROGRAMS, EDUCATION PROJECT, PLANS

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Date/Time: 08/10/20
Control No.
By: Claire
DIVISION OF TUGUEGARAO CITY

ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS

A. MHPSS to be Broadcast through TV

Activity	Date	Time	Target Audience
MHPSS Provision for Learners (Recorded DRRMS Booklatan Videos)	19, 21 August 2020 24 – 28 August 2020 31 August -4 September 2020 (As needed)	8:00 AM-9:30 AM	Elementary Learners
MHPSS Provision for Learners (Recorded OKKK! Tambayan Videos)		10:00 AM-11:30 AM	Secondary Learners
MHPSS Provision for Parents (Recorded Gabay Bahay Videos)		1:00 PM-2:30 PM	Parents
MHPSS Provision for Personnel (Recorded Wellness Check Series Videos)		4:00 PM-5:30 PM	Personnel

**ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS
(Continuation)**

B. Online MHPSS to be Conducted by DepEd DRRMS

Activity	Date	Time	Target Participants
DRRMS Booklatan An Online MHPSS for Elementary Learners*	4 August 2020	4:00 PM – 5:30 PM Every Tuesday	Elementary Learners
	11 August 2020		
	18 August 2020		
OKKK! Tambayan An Online MHPSS for Secondary Learners*	6 August 2020	4:00 PM – 5:30 PM Every Thursday	Secondary Learners
	13 August 2020		
	20 August 2020		
Kakaiba-yanihan! An Online Psychosocial Support for Learners with Disabilities**	Every Monday, Tuesday & Thursday of August 2020	9:00 AM – 11:00 AM	Learners with Disabilities
Gabay Bahay An Online Parenting Series*	5 August 2020	4:00 AM – 5:30 PM Every Wednesday	Parents
	12 August 2020		
	19 August 2020		
Kaagapay Buhay An Online Parenting Series for Parents of Learners with Disabilities*	5 August 2020	7:00 PM – 8:30 PM Every Wednesday	Parents of Learners with Disabilities
	12 August 2020		
	19 August 2020		
Remote PFA for Learners*	24 August 2020	9:00 AM – 11:00 AM	Elementary and Secondary Learners

*Streamed live via Facebook

**Conducted via Zoom

**ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS
(Continuation)**

C. MHPSS via Online and Self-Guided to be facilitated by Teachers

Activity	Date and Time	Participants	Remarks
Remote Psychosocial Support Through Play	August 25-28 and August 31- September 4 (as necessary) Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	Using the Teachers' Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners During Disasters and Emergency Situations
Remote Psychological First Aid (PFA)	August 25-28 and August 31- September 4 (as necessary) Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	Using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual

D. ONGOING MHPSS TRAINING FOR DEPED PERSONNEL

Activity	Date	Time	Participants
Training for Remote Psychosocial Support Through Play for Elementary Learners	August 3 – 6, 2020 Streamed live via Facebook	1:00 PM – 5:00 PM	Elementary Teachers
MHPSS Wellness Training for DepEd Personnel	August 7 - September 11, 2020 Streamed live via Facebook	9:00 AM – 10:30 AM Every Friday	Teaching and Non-Teaching DepEd Personnel